

# PARADING

## SELF-TITLED DEBUT CD

In the blistering heat of summer 2009 Melbourne three piece **Parading** took to Birdland studios to record one song for an A-side of a 7". Agreeing with the environment created there and the sounds they were producing they decided to lay down what has now become their debut self titled album. The album is due for release on 5th March, 2010 via Z-Man Records (Fuse Distribution).

**Parading** are Tom Barry on guitar/vocals (Witch Hats), Mark Nelson on bass (The Stabs/ Miniature Submarines); and Tom Coleman (drums).

Recorded and mixed over four sessions with the help of Rob Long, the end product shimmers with layers of guitar, melodic bass lines, spacious drum parts and dreamlike vocals spread sparingly as icing on the cake.

*"Amazingly perfect night's-end jam that basically slow cooks your brain with ultimate slacker slowcore vibrations. It's something about the steady progression through the chords, the meandering bass, the gradual climax and release that's just so relaxing: put it on and feel your heart rate slow and your brain let go of the day.....you can almost feel the summer radiating out of your speakers."*

- Rose Quartz website

**Parading self-titled CD** will be available from March 5 at all good record shacks (via Z-Man Records/Fuse Distribution) and CD Baby, iTunes etc.

**For more information go to :**  
**[www.myspace.com/parading](http://www.myspace.com/parading)**



Parading are available for interviews / live to airs / reviews & any other press opportunities

Please contact Lou Ridsdale from Lance Rock Publicity if you would like to arrange an interview, or require any further information.

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