

Trappist Afterland

Burrowing To The Light In the Land Of Nod CD

Listening to Melbourne based **Trappist Afterland's** debut seven-track album **Burrowing To The Light In The Land Of Nod** is like taking a magical carpet ride of mystical adventures, as their soothing, calming and esoteric sounds transport you instantly to other worlds. **Trappist Afterland** dwell in a bygone era when the battles of the spirit were looked upon as a reality. **Burrowing To The Light In The Land Of Nod** was released on the band's own The True Vine record label on 1 May 2012.

Trappist Afterland is the brainchild of Adam Cole (Arossa, Kali, Pollen Choir), whose vocals are a true standout and his collaboration with Adam Casey (The Boy Who Spoke Clouds, Seascapes of the Interior) who formed the outfit through a mutual interest in acid folk, krautrock, world, avant garde, classical, devotional music and theology.

Trappist Afterland delve into swirling snippets of psychedelic, esoteric Folk, ritualism, acid folk and Devotional chants, sometimes taking you to medieval passages of time, and modern day intangible philosophies. They utilise an eclectic array of unorthodox instruments which will have the listener reaching for a dictionary whilst reading the liner notes, including bohran, dulcitar, dan bau, hurdy gurdy, darbuka, kalimba, and Klong Kaak. Julitha Ryan of Silver Ray and Dead Salesmen fame joins them on cello on some tracks.

Recorded in true DIY fashion in Adam's home studios True Vine Studios only over a few weeks, amidst hiking trips, vast amounts of trappist and craft beer, pygmy scat singing, and the purchase of a hurdy gurdy, the album was recorded in the memory of fellow Melbourne musician and friend Steven Begovic. The band describes their sounds as '*spirit music for the dispossessed and examines mysticism, Christian alchemy, spiritual fervour and the inner struggles of the eternal*'.

Burrowing to Light in the Land of Nod is the sound of crazed hypnotism, mesmeric uncertainty, strong spirit dreams; the sound of a circus troupe illogically arguing in different languages as they shuffle along an empty, bleak esplanade. Obsessed with the struggles of the spirit and the flesh in an uncertain world, it is as startling as it is comforting, amidst a bleak backdrop with pinholes pierced through like stars lighting the way for travelers as they navigate a dense and eerie landscape.

Sometimes a band comes your way that instantly remind you that it is important to block out the world, to stop feeling anxious about the things you cannot control, and to just turn off the switch and breath properly again. **Trappist Afterland** are such a band.

For more information go to :
www.facebook.com/trappistafterland



Trappist Afterland are available for interviews / live to airs / reviews & any other press opportunities

Please contact Lou Ridsdale from Lance Rock Publicity if you would like to arrange an interview, or require any further information.

Lou Ridsdale
Lance Rock Publicity
lou@lancerock.com.au
0410 436 660

