

The SHAKE Up



Miles Selwyn
guitar/vocals

Tim Browning
drums/vocals

Ben Caruana
bass/vocals

Fusing the immediacy of British punk with the melodies of indie rock, Sydney trio The Shake Up deliver tight, energetic music that positively buzzes.

With previous singles playlisted on Triple J (*Home Ec, They Say No, What Are You Worried About?*) and tour supports across Australia with The Fratellis (UK), Birds Of Tokyo and Rocket Science, The Shake Up are set to launch their debut album, *...if you have no shame*.

The Shake up grab you with an immeasurable charm, a distant beat and melody that draws the listener in... a loud, catchy and cohesive sound.

-- Chris Chinchilla, *Inpress VIC*

Guys who know what a melody is... Just plain likeable. Album coming.

-- Ross Clelland, *Drum Media NSW*

In short, The Shake-Up were shit-hot.

-- X-press Magazine WA

Joe Strummer would be proud.

-- Dom Alessio, *whothell.net*

Produced by Jim Diamond (The White Stripes, Dirtbombs) and mixed by John Agnello (Sonic Youth, Dinosaur Jr), the album features twelve tales of inner city life that range from full-on punk bursts (*She Read The Riot Act, Unmade Plan*), indie dance floor fillers (*Everybody Loves It, Pretty City*) to the anthemic (*Every Friday Night, Kiss The Pavement*).

To build anticipation for the album, The Shake Up have steadily released the first two singles, *Makes Me Sick* and *Everybody Loves It*. Each single has been launched with its own national tour, press campaign and music clip. Both singles have earned positive reviews from streetpress around the country, with widespread airplay on community radio. The corresponding film clips have attracted over 30,000 views online.

The Shake Up's debut album *...if you have no shame* is instores and online 8th July 2010, with an Australasian tour to follow.

For more information visit www.theshakeup.com

The Shake Up are available for interviews, live-to-airs, reviews & any other press opportunities

To arrange an interview, or for any further information, please contact:

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